

If you have either 1 of the above risk factor, you are expose to the risk of cardiovascular diseases. If you have more than 1 of the above factor, your risk will increase exponentially.

### What is your score?

#### Causes of the causes:

Globalization, urbanization, population aging, poverty, hereditary factor, stress , diet, smoking, alcohol, inactivity are the main causes of the causes.

**Diet:** High saturated fat, high sodium, and high calories increase blood pressure and formation of plaque.

**Smoking:** Elevates oxidative stress, blood vessel contraction and damage blood vessel.

**Alcohol:** Increase triglyceride level, increase blood pressure

**Inactivity:** slow blood flow and promotes adhesion of blood cells.

## BONERVE CLINICAL STUDIES

BONERVE is the product of 7 years research and development designed for modern package diseases, and more specifically for cardiovascular diseases. It is extractions from best ingredients and scientific formulation.

#### BONERVE TACKLE VASCULAR DISEASES FROM 3 ANGLES:

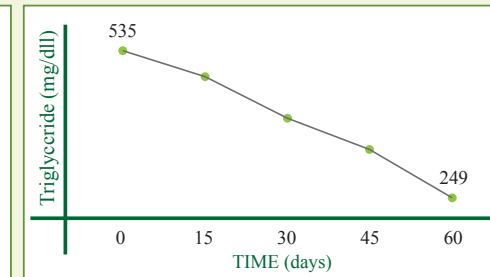
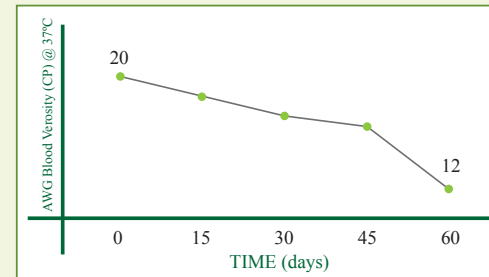
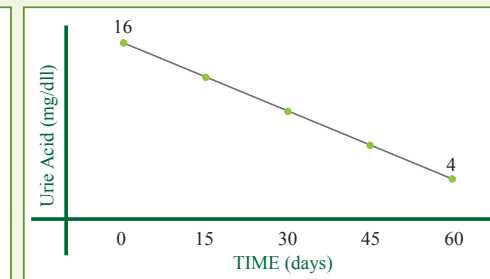
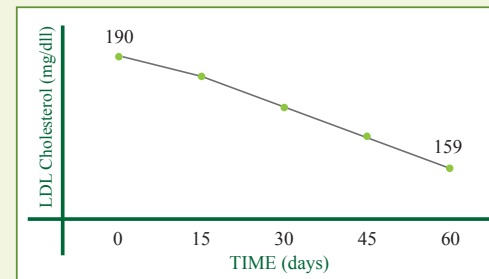
- 1) Reparation of blood vessel: Mucopolysaccharides is essential for maintaining elasticity, wound healing and cell regeneration. High molecular mucopolysaccharides polypeptide extracted from Radix Angelina proven to be effective to protect and has reparative effect for damaged blood vessel and capillaries.
- 2) Eliminate Lipids: Phytosterol

#### PURPOSE:

The effect of BONERVE on LDL Cholesterol was assessed in a randomized, double-blind clinical study.

#### MATERIAL AND METHOD:

A detailed study conducted in Florida looked at blood samples taken from 100 volunteers with high cholesterol level (averaging 191 mg/dL) at intervals of 15 days for 2 months. Each subject is given 3 tablets of BONERVE twice daily.



#### SEVEN MAIN INGREDIENTS FOR A PERFECT FORMULA

Formulated with Advanced CO<sub>2</sub> Supercritical Extraction Technique and Bio-enzyme Supplementary Decomposition Technique with Quik-Bioavail™ Technology.

- 1) Rhizoma Drynariae Fortunei
- 2) Radix Salvia Miltiorrhizae
- 3) Cortex Eucommia Ulmoides Oliv
- 4) Commiphora Myrrha
- 5) Radix Angelica Sinensis
- 6) Olibanum Boswellia Carterii
- 7) Saussurea Involucrata Kar. Et Kin Herba



#### QUALITY CONTROL

- International GMP production standards with state-of-the-art technology
- International ISO 9001, 9002 certification standards

#### SEVEN BENEFICIAL EFFECTS OF BONERVE

1. Cleanses the blood and reduces blood lipids
2. Reduces uric acid and gouty arthritis
3. Reduces blood pressure
4. Prevents arteriosclerosis caused by hyperlipemia
5. Lowers blood viscosity
6. Lowers blood cholesterol
7. Lowers blood acidity level

#### SAFETY CONTROL

- International SGS safety certification
- HACCP certification
- Halal certification



## BONERVE

Helps Alleviate Symptoms And Causes Of Cardiovascular Diseases And Offering Protection To The Blood Vessels

**BONERVE** is the creation of the herbal specialists; an all-natural nutraceutical that helps alleviate symptoms and causes of cardiovascular diseases and offering protection to the blood vessels. It is effective in lowering overall risk associated with all forms of cardiovascular illnesses. This will create a positive spillover effect to other package diseases such as diabetes, metabolic syndrome and obesity.



For further information, please contact:

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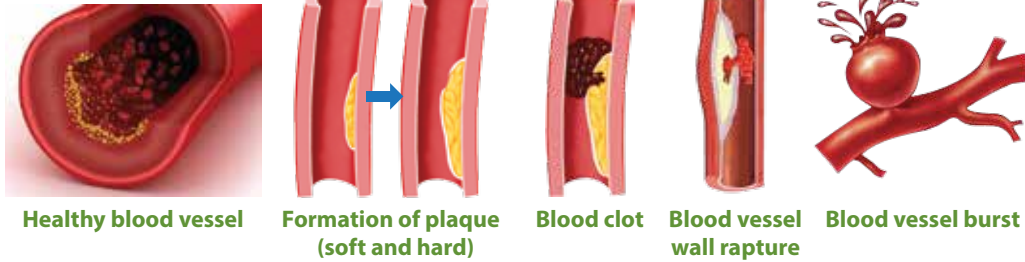


**Vascular diseases:**

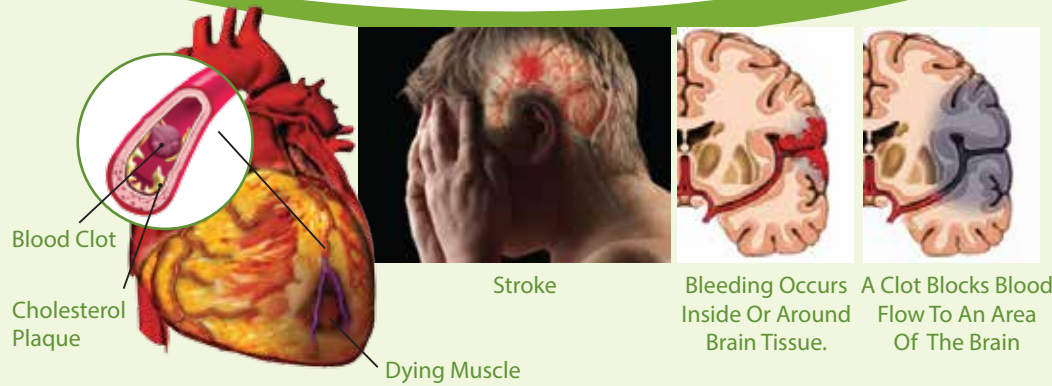
Cardiovascular diseases are the No. 1 killer in Malaysia and worldwide. They are accounted for about 30% of annual deaths or about 20,000,000 each year. Deaths caused by cardiovascular diseases are higher than all the next 7 causes combined.

Atherosclerosis is a chronic, slowly progressive and cumulative threat. It is a condition in which arteries is thickened, hardened or blocked due to the formation of plaque in the wall of arteries that affecting blood flow, or causes blood vessel to burst and bleed. Such condition may happen at any part of our body without any noticeable symptom or damage, or may cause severe irreversible damages or death.

Atherosclerosis:



How is your blood vessel? \_\_\_\_\_



**Stroke And Heart Attack:**

Both stroke and heart attack are caused by disruption of blood flow to the tissues or cells that lead to severe damage or death of cells to perform its function. They can be a sudden attack without any prior warning signs, but can lead to severe irreversible consequences and sudden death. Common symptoms of heart attack and stroke are as follows:

**Symptoms of Heart Attack:**

- Pain and discomfort at chest
- Feel sick
- Shortness of breath
- Pain and discomfort at arm left shoulder, jaw and back.
- Vomiting
- Light headed or faint
- Cold sweat and pale

**Symptoms of Stroke:**

- Sudden weakness/numbness of face, arm, leg especially on one side.
- Confusion, difficult to talk or see
- Difficult to walk, loss balance or coordination
- Dizziness, severe headache, fainting, unconscious

**INTERMEDIATE RISK FACTORS:**

- High Blood Pressure
- High Cholesterol
- High Triglycerides
- High blood viscosity
- High blood glucose
- High BMI



**High Blood pressure:**

1/3 of adult and 2/3 of people above 65 having high blood pressure. High blood pressure causes arteries damage and lead to atherosclerosis.

People with atherosclerosis and high blood pressure have higher risk of heart attack and stroke. Other than stroke and heart attack, high blood pressure and atherosclerosis also increase the risk of blur vision/ blind, kidney failure, pain, cold feet, bluish, gangrene, stiffness.

What is your pressure?

<b>Normal</b> < 120/80	<b>Prehypertension</b> >120/80 -- 139/89	<b>Hypertension</b> >130/90
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**Cholesterol:**

Our body need cholesterol to produce hormone, cell membrane and to protect nerve ending. Anyway excessive cholesterol is one of the main reason that causes atherosclerosis. People who have high LDL and low HDL expose to great risk of stroke and heart attack.

What is your cholesterol level?

**Normal Cholesterol level**

<b>Total cholesterol</b> < 5.2 mmol/L	<b>LDL</b> < 3.3	<b>HDL.</b> > 1.3
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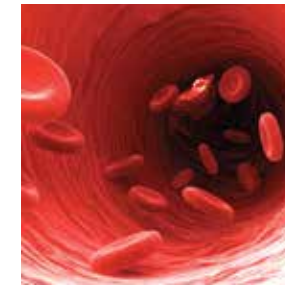


**High Triglyceride:**

Triglyceride is a type of fat that our body use it for energy. High level of triglyceride increases LDL and reduces HDL and cause formation of plaque in arteries and causes vascular diseases.

**Normal Triglyceride level < 2.2 mmol/L**

What is your triglyceride level?



**Blood Viscosity:**

Composition of blood, proportion of fluid, lipid, blood glucose and temperature affects the viscosity of blood. Thick blood affect the speed of blood flow and causes adhesion of cells in the blood. It also promotes blood clot and increases blood pressure. People with high blood viscosity is 3-5 times more likely to face cardiovascular disease. It is as serious as high cholesterol.



**Blood Glucose:**

High blood glucose damages nerve ending and causes, high remove blood pressure, high blood viscosity and promotes atherosclerosis. High blood glucose is the main cause of stroke, heart attack, kidney failure, blind, gangrene etc.

**Blood sugar**

**8 hours after meal < 5.5 mmol/L**    **2 hours after food < 7.8**

What is your blood glucose level?



**Obesity:**

Obesity increases cholesterol, blood pressure, insulin intolerance etc. Clinical study shows that obesity increases the progression of cardiovascular diseases.

BMI range – kg/m2	Health Risk
<b>27.5 and above</b>	High risk of developing heart disease, high blood pressure, stroke, diabetes
<b>23.0 to 27.4</b>	Moderate risk of developing heart disease, high blood pressure, stroke, diabetes
<b>18.5 to 22.9</b>	Low Risk (healthy range)
<b>18.4 and Below</b>	Risk of developing problems such as nutritional deficiency and osteoporosis

What is your BMI?